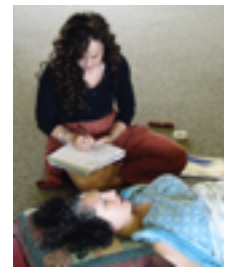




# TRANSFORMATIONS

## Therapeutic Breathworker Certification

with Jim Morningstar, PhD and the TBTP staff



*Make one trip for intensive breathworker training and complete a level of certification.*

*Start whenever you are ready by taking Module 1: An Introduction to Therapeutic Breathwork for Caregivers by Distance Learning and have recordings you can listen to at your leisure.*

**Then come to Milwaukee August 16-19, 2018 for live training with Modules #2 - #5.**

- \* have the basic training principles on recordings to which you can refer**
- \* receive supervised experience and gain confidence as a practitioner**
- \* become Certified as a Level I or Level II Breathworker.**

These are all nonresidential day trainings held right at Transformations. Call or send in the registration to reserve a place in the training circle. Open the doors to continued learning and growing with one of the most incisive healing modalities available today.

For more informations contact:

Transformations Incorporated 4200 W. Good Hope Road Milwaukee, WI 53211

phone: 414 351 5770 fax: 414 351 5760

[info@transformationsusa.com](mailto:info@transformationsusa.com) [www.transformationsusa.com](http://www.transformationsusa.com)



### **An Introduction to Therapeutic Breathwork for Caregivers**

with Jim Morningstar, PhD

*Breathworker Certification Training - Module 1 Distance Learning*

Basics of breathwork and its uses in professional practice. **12 CE credit hours Distance Course \$97**

### **Energy Release and Body Themes in Breathwork** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 5* **August 16, 2018** 9 am - 5:30 pm

Practice in body reading and releasing techniques. Tuition: \$160

### **The Anatomy of Breathwork** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 4* **August 17, 2018** 9 am - 5:30 pm

Evolution of breathwork and its effects, physiological to spiritual. Tuition: \$160

### **Breathwork in Water** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 2* **August 18, 2018** 12:30 pm - 9:00 pm

Practice in use of water in dealing with peri-natal issues. Tuition: \$160

### **Group Breathwork** with Jim Morningstar, PhD

*Breathworker Certification Training - Module 3* **August 19, 2018** 9 am - 5:30 pm

Practice in constructing and leading group breathwork. Tuition: \$160



Jim Morningstar

\*Modules taken for Continuing Education add \$25.

**September 2018 Modules** include *Touch and Movement in Breathwork* (13), *Shamanism in Breathwork* (14), *Healing Trauma and Breathwork* (15) and *Ethics in Breathwork* (16).