



TRANSFORMATIONS

Therapeutic Breathworker Certification

with Jim Morningstar, PhD and the TBTP staff



Make one trip for intensive breathworker training and complete a level of certification.

Start whenever you are ready by taking Module 1: An Introduction to Therapeutic Breathwork for Caregivers by Distance Learning and have recordings you can listen to at your leisure.

Then come to Milwaukee August 20-23 , 2020 for live training with Modules #2 - #5.

- * have the basic training principles on recordings to which you can refer**
- * receive supervised experience and gain confidence as a practitioner**
- * become Certified as a Level I or Level II Breathworker.**

These are all nonresidential day trainings held right at Transformations. Call or send in the registration to reserve a place in the training circle. Open the doors to continued learning and growing with one of the most incisive healing modalities available today.

For more informations contact:

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An Introduction to Therapeutic Breathwork for Caregivers

with Jim Morningstar, PhD

Breathworker Certification Training - Module 1 Distance Learning

Basics of breathwork and its uses in professional practice. **12 CE credit hours Distance Course \$97**

Energy Release and Body Themes in Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 5 **August 20, 2020** 9 am - 5:30 pm

Practice in body reading and releasing techniques. Tuition: \$160

The Anatomy of Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 4 **August 21, 2020** 9 am - 5:30 pm

Evolution of breathwork and its effects, physiological to spiritual. Tuition: \$160

Breathwork in Water with Jim Morningstar, PhD

Breathworker Certification Training - Module 2 **August 22, 2020** 12:30 pm - 9:00 pm

Practice in use of water in dealing with peri-natal issues. Tuition: \$160



Jim Morningstar

Group Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 3 **August 23, 2020** 9 am - 5:30 pm

Practice in constructing and leading group breathwork. Tuition: \$160

*Modules taken for Continuing Education add \$25.

September 2020 Modules include *Touch and Movement in Breathwork* (17), *Shamanism in Breathwork* (18), *Healing Trauma and Breathwork* (19) and *Ethics in Breathwork* (20).