

TRANSFORMATIONS



Therapeutic Breathwork Residential and Virtual Trainings

August 16-20, 2021

Jim Morningstar, PhD, and the TBTP Staff

These trainings will be conducted in person and virtually
at the gorgeous [Cedar Valley Retreat Center](#).

Level 1 BASIC THERAPEUTIC BREATHWORK TRAINING
Level 2 ADVANCED THERAPEUTIC BREATHWORK TRAINING
Level 3 BREATHWORK TRAINER APPRENTICESHIP

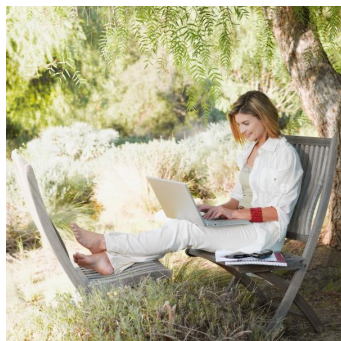
[CLICK HERE for more details and Registration](#)

Our **In Person Trainings** are held in a private retreat center in the luscious countryside of Central Wisconsin amid 100 acres of forested hills with a pond for outdoor breathwork and ample hiking trails. Safety practices are observed by all staff and visitors. Tuition for training including lodging and meals:

Double occupancy - \$1,695 USD

Single occupancy (limited) - \$1,915 USD

\$75 less if paid in full by May 31, 2021



Our **Virtual Trainings** will consist of daily live streaming and interactive practice sessions. Supervision will be conducted for online individual, group and wet sessions.

Teaching sessions will be recorded and made available,.

Tuition for Virtual Trainings: \$995 USD

\$75 less if paid in full by May 31, 2021

We are one of the oldest training centers in the world for the certification of dyadic breathwork and endorsed by the [Global Professional Breathwork Alliance](#). [Therapeutic Breathwork](#) is both comprehensive in teaching faster and slower than normal breathing techniques as well as inclusive in blending this with other healing modalities.

Approved for continuing education credits through NBCC and NAADAC.

Dear Student of the Spirit of Breath,

To share the secrets of breath is to give the gift of life.

I am excited to explore with you the heights and depths of this cutting edge therapeutic and consciousness enhancing technique. Our training staff brings together healing energies from around the world.

These breathwork trainings are designed to fit your current needs and help you take the next step in learning the art and practice of a breathworker ([4 levels from beginner to trainer](#)). They are only offered every other year. Contact me with any questions 414 530 4649 jim@transformationsusa.com.

Reserve your place and prepare to open the doors to a new level of breath awareness professionally and personally..

This is truly a transformative week, as previous participants have wholeheartedly attested. In the Spirit of Breath,

Jim Morningstar

Jim Morningstar, PhD

is the Director of Transformations Incorporated in Milwaukee, WI., and has held licensure as a clinical psychologist since 1973. He is a clinical supervisor, seminar leader and has pioneered in the development of Therapeutic Breathwork™. He founded the School of Integrative Psychology in 1980 and the Therapeutic Breathworker Training Program in 1990. He has authored five books in the field of Integrative Psychology. He is co-director of the Global Professional Breathwork Alliance. Jim teaches internationally and has trained virtually for years.



Transformations Breathwork Training Program Residential Training Feedback Quotes

“I so appreciated being able to take the time to work on my own healing. I am so grateful for the opportunity. I enjoyed being able to share myself with others. I loved being nurtured and cared for.”

Teri - psychotherapist/shaman

“I gained a sense of increased confidence in my abilities as a breathworker and a validation of myself.”

Sue - breathworker/therapist

“A safe, fun, loving environment that I recommend highly to anyone interested in healing.”

Mary - therapist/breathworker

“It was so packed with valuable information. All the staff did a great job expressing their assignments/presentation. I knew very little about breathwork coming in this week. I now feel like sharing this with others.”

Anne - psychotherapist

