



TRANSFORMATIONS

Therapeutic Breathworker Certification

with Jim Morningstar, PhD and the TBTP staff



Complete Modules 1-9 for a level of Therapeutic Breathwork certification.

Start whenever you are ready by taking Module 1: An Introduction to Therapeutic Breathwork for Caregivers by Distance Learning and have recordings you can listen to at your leisure.

Then in person or virtually complete Modules #2 - #5 August 18-21 and Modules #6 - #9 Sept. 15-18, 2022

- * integrate the basic Therapeutic Breathwork principles personally and professionally**
 - * receive supervised experience and gain confidence as a practitioner**
 - * become Certified as a Level I or Level II Breathworker.**
- In Person or Virtual. Limited Enrollment.***

These are all nonresidential trainings. Call or register and make payment below to reserve a place in the training circle. Open the doors to continued learning and growing with one of the most incisive healing modalities most needed today.

For more informations contact: phone: 414 351 5770 fax: 414 351 5760
info@transformationsusa.com www.transformationsusa.com

Register and Payment: check or money order in USD to Transformations 4200 W Good Hope Rd. Milwaukee, WI 53209 USA. or
Pay online at: <http://www.transformationsusa.com/products.php>
 enter tuition amount under: *Workshops and Trainings with Jim Morningstar, Ph.D.*



An Introduction to Therapeutic Breathwork for Caregivers

with Jim Morningstar, PhD

Breathworker Certification Training - Module 1 Distance Learning

Basics of breathwork and its uses in professional practice. **12 CE credit hours Distance Course \$97**

Energy Release and Body Themes in Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 5

August 18, 2022 9 am - 5:30 pm

Practice in body reading and releasing techniques. Tuition: \$160 in person \$150 online

The Anatomy of Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 4

August 19, 2022 9 am - 5:30 pm

Evolution of breathwork and its effects, physiological to spiritual. Tuition: Tuition: \$160 in person \$150 online

Breathwork in Water with Jim Morningstar, PhD

Breathworker Certification Training - Module 2 **August 20, 2022 12:30 pm - 9:00 pm**

Practice in use of water in dealing with peri-natal issues. Tuition: \$160 in person \$150 online

Group Breathwork with Jim Morningstar, PhD

Breathworker Certification Training - Module 3 **August 21, 2022 9 am - 5:30 pm**

Practice in constructing and leading group breathwork. Tuition: \$160 in person \$150 online



Jim Morningstar

The Transformations Breathworker Training Program is one of the longest standing breathworker training programs in the world. Our trainings are certified by the International Breathwork Training Alliance www.breathworkalliance.com and approved for continuing education credits through NBCC and NAADAC

September 2022 Modules include Physical Touch and Dynamic Movement in Breathwork (15), Shamanism in Breathwork (16), Healing Trauma and Breathwork (17) and Ethics in Breathwork (18).