TRANSFORMATIONS

ADVANCED BREATHWORKER TRAINING/SUPERVISION VIDEO CONFERENCES

with Jim Morningstar, PH.D. and the Therapeutic Breathwork Training Staff

Biographies of Trainers

Jim Morningstar, Ph.D. is a clinical psychologist who has pioneered in integrative healing arts and supervising professionals since the 1970's. He incorporated Therapeutic Breathwork, Bioenergetics, Gestalt, Reiki, family systems, energy medicine and spiritual guidance into his practice. He is the director of Transformations, the School of Integrative Psychology, Creative Consulting and Counseling Services, the Transformations Breathwork Training Program as well as co-director of the Global Professional Breathwork Alliance and author of five books in the field.

Lenny Delvecchio, LPC is a psychotherapist who uses a body/mind/spirit approach in helping people live purpose-driven lives. He has over 10 years of counseling experience - currently working at Red Oak Counseling in Elm Grove, Wisconsin. He has led breathwork groups for over 20 years and has been a certified professional breathwork trainer for 3 years. His extensive, earlier career as a mechanical engineer in a large corporation helps him connect with all walks of life. Lenny is dedicated to increasing the amount and expression of love in our world.

Jayne Ader, LMT received a Bachelor of Arts in Humanistic Studies and has a master's certificate in Integrative Psychology. She is a Nationally Certified Massage Therapist licensed in the state of Wisconsin and a Wellness educator. Jayne is a Reiki Master, a Level IV professional Breathworker and has assisted in and Facilitated trainings and courses since 2003. Jayne is a community builder and Co-Founder CORE/El Centro. She has over 30 years of experience in helping people who have lived through trauma to reintegrate back into their bodies and reestablish a trusting relationship with themselves.

Kate Becker is a level 4 Therapeutic Breathworker, trained in Milwaukee, WI, through Transformations Incorporated and her five year mentorship with Jack Fontana. Kate teaches Kundalini Yoga, Ecstatic Dance, Improvisational Voice Meditation and Embodiment. She lives and works in New Orleans, LA.

Andy High worked as a professional carpenter for over 40 years. He answered his calling for personal growth and teaching by graduating from the School of Integrative Psychology with a Masters Certificate in 2004. He further assisted in numerous breathwork retreats and trainings through the Transformations Breathwork Training Program. He became a professional Level III Therapeutic Breathworker in 2006 and continues to assist and teach in certification trainings. He incorporates shamanistic and Reiki techniques in which he was mentored in his work. He is known for his healing approach with an open hearted acceptance, inclusion and compassion for all.

Sherry Ward MS, LPC, CSAC, RN has spent the past 45 years in healing professions initially as a registered nurse and today also as a licensed therapist and addictions counselor. Sherry graduated from Transformations School of Integrative Psychology and is a certified breathworker. Sherry's healing work embraces her traditional training, spiritual training, breathwork, and energy work. Sherry has a private counseling practice and is passionately engaged with Transformations.

Steve Moe, LMT has been professionally teaching the art of conscious living since 1994. Drawing on training and experience in Breathwork, Bodywork, BioEnergetics, Earth Ceremony and Spiritual Psychology, Steve facilitates individual sessions, trainings and retreats. He has presented internationally and is past US National Coordinator for the International Breathwork Foundation(IBF), Certified Level IV Trainer for the Transformations Breathwork Training Program, member of the Global Professional Breathwork Alliance (GPBA) and the American Massage Council.