

TRANSFORMATIONS

Integrative Life Community Building and Circles of Community Building Practicum

Jim Morningstar, PhD and SIP Mentoring Staff

January-September, 2020



- Life satisfaction, health, creativity and growth are all fostered in communities of like-spirited individuals. ***You are the founder of yours.*** Own the calling to your community of Heart and welcome yourself Home.
- Let go of all your preconceived notions of leadership in the world. You are a community builder. In fact, you may be sitting in the middle of your community right now and just not knowing how to fully activate and experience the rewards of it.
- First this entails sinking roots even deeper into your inner community with daily guidance. Secondly, going to the next level of awareness and success in your outer relationships (family, work, social...). Thirdly, connecting with the circles of communities of belief, practice, sharing and action in your world.
- You may be called to focus primarily on inner personal work, outer relationship development and/or global networking, but all three will be there in one form or another during this course.

*Only leadership of the heart will produce success as an
Integrative Life Community Builder.*

Students of the Self-Guided 8 month online Integrative Life Community Building Course will receive:

- ~ the foundational principles and materials that have fostered successful communities of spirit locally and globally since the 1970s,
- ~ techniques for direct experience of body energy systems mastery,
- ~ time tested methods to increase financial security and whole being prosperity,
- ~ the ability to detect and release relationship blocks and increase shared joy,
- ~ a direct experience of your life and lessons you learned in other times and places,
- ~ freedom from the major holding patterns in human consciousness evolution,
- ~ availability of daily check in and support from instructor and classmates.

If you elect to do the Circles of Community Building Practicum you will also receive:

- ~ SIP course recordings, teaching notes and handouts to build your spiritually based business and community,
- ~ monthly mentoring in the steps to make your business and community more holistically successful than you imagined,
- ~ peer sharing, support and feedback on a regular and an as-needed basis,
- ~ accountability for your progress and success that brings out the best in you,
- ~ a network to promote and access practice and teaching opportunities locally and globally.

This course is for you if you are:

- a **spiritual seeker** looking to explore and grow with like-spirited companions
- a **breathworker** wanting to expand your clientele and form ongoing community
- a **professional** who is already teaching and looking to expand your curriculum to the next level of holistic fulfillment and attract appropriate students

Tuition for Online Video Course: \$200.

Tuition for the Video Course and Practicum: \$490.

Reduction for some countries outside the US (contact instructor).

Video courses will be received the last Monday of the month January-August, 2020. Practicum video conference and in person meets first Mondays February-September, 2020

Payment: check or money order in USD to: Transformations
4200 W Good Hope Rd. Milwaukee, WI 53209 USA.

Pay online at: <http://www.transformationsusa.com/products.php>

enter tuition amount under: *Workshops and Trainings with Jim Morningstar, Ph.D.*



Jim Morningstar, PhD, is Director of the School of Integrative Psychology and the Transformations Breathwork Training Program. His life purpose includes mentoring teachers and community building. He has been actively engaged in both since the early 1970s. His students and staff have demonstrated success in integrating and living the principles of creative thought with clarity and passion as well as the courage to follow their calling. Co-mentoring the Practicum are graduates of the SIP programs and in many cases Certified Breathworkers.